

**2014 ISAF Development Symposium**  
**Cape Town, South Africa, 14 – 16 March**

**SCHEDULE**

**Friday 14 March**

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| 0845 – 1000 | <b>Delegation Registration at Lagoon Beach Hotel in Courtyard 1.<br/>Tea and coffee</b>                                                                                                                                                                                                                                                                                                      |
| 1000 - 1020 | <b>Official welcome to the 2014 ISAF Development Symposium.</b> <ul style="list-style-type: none"><li>- ISAF Vice-president, Nazli Imre,</li><li>- ISAF Development + Youth Committee Chairman, Olivier Bovyn</li><li>- South African Sailing President and ISAF Development and Youth Committee Vice-chairman, Rob M'Crystal</li></ul>                                                      |
| 1020 - 1030 | <b>Introduction to the 2014 ISAF Development Symposium, Nominated Experts, Training and Development Department, guest presenters and overview of the schedule.</b> <ul style="list-style-type: none"><li>- ISAF Training and Development Manager, Dan Jaspers</li></ul>                                                                                                                      |
| 1030 - 1110 | <b>South African Sailing (SAS) – MNA History, current status and future developments.</b> <p>Presentation to delegates of structure of South African Sailing, the ISAF MNA for South Africa.</p> <ul style="list-style-type: none"><li>- South African Sailing President, Rob M'Crystal</li><li>- South African Sailing National Training and High Performance Manager, Rob Holden</li></ul> |
| 1110 - 1130 | <b>IOC Olympic Solidarity funding</b> <p>A short presentation on the outcomes of IOC OS Funded activity in 2013 and a forecast for 2014.</p> <p>This presentation includes an overview of the IOC programmes that are available for all MNAs to access.</p> <ul style="list-style-type: none"><li>- ISAF Training and Development Manager, Dan Jaspers</li></ul>                             |

**Delegates to join their allocated group for the breakaway sessions which are listed on the next page:**

	Group 1 – Cape Point Group	Group 2 - Springbok Group
1130 - 1200	<p><b><u>Regional Development initiatives</u></b></p> <p>How can ISAF get more involved with regional training? What is 'Sail Africa' doing that has proven useful to our members so far?</p> <p><i>Courtyard 1</i></p>	<p><b><u>Increasing participation by linking Schools / Education to Sailing Centres?</u></b></p> <p>How can ISAF and its Member National Authorities increase awareness of sailing through schools and the wider education sector?</p> <p><i>Courtyard 2</i></p>

1200 - 1230	<p><b><u>Increasing participation by linking Schools to Sailing Venues</u></b></p> <p>How can ISAF and its Member National Authorities increase awareness of sailing through schools and the wider education sector?</p> <p><i>Courtyard 2</i></p>	<p><b><u>Regional Development initiatives</u></b></p> <p>How can ISAF get more involved with regional training? What is 'Sail Africa' doing that has proven useful to our members so far?</p> <p><i>Courtyard 1</i></p>
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1230 - 1245      **Feedback from breakaway group Presenters and Delegates**

*Courtyard 1*

1245 - 1345      **Lunch**

	Group 1 – Cape Point Group	Group 2 - Springbok Group
1345 - 1430	<p><b><u>Examples of National Development</u></b></p> <p>Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker</p> <p><i>Courtyard 1</i></p>	<p><b><u>The ISAF Coaching Framework</u></b></p> <p>Presentation of the ISAF Coaching Framework, followed by group discussion forum regarding the ways in which ISAF MNAs can use it to help develop National Coaching Frameworks and 'map' national Coach qualifications / certification with other nations.</p> <p><i>Courtyard 2</i></p>
1430 - 155	<p><b><u>The 'ISAF Coaching Framework'</u></b></p> <p>Presentation of the ISAF Coaching Framework, followed by group discussion forum regarding the ways in which ISAF MNAs can use it to help develop National Coaching Frameworks and 'map' national Coach qualifications / certification with other nations.</p> <p><i>Courtyard 2</i></p>	<p><b><u>Examples of National Development</u></b></p> <p>Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker</p> <p><i>Courtyard 1</i></p>

1515- 1530      **Feedback from breakaway group Presenters and Delegates**

*Courtyard 1*

1530 -1545                      **Tea and Coffee**

1545 - 1615                      **ISAF Training Resources**

*Courtyard 1*

- Presentation of current list of ISAF Training Resources, including an overview of the ISAF Performance Training Exercises Handbook publication and how it can benefit MNA Coaches delivering performance sail training sessions.

1615 - 1645                      **Women in Sport**

*Courtyard 1*

- How can sailing encourage more female participants and retain them as both sailors, coaches and as volunteers.

1645 - 1715                      **Review of day 1**  
**Forum for delegate feedback and discussion**

## **Saturday 15 March 2014**

0830 - 0910                      **Delegates arrive**  
**Tea and Coffee**

0910 - 0920                      **Introduction to day 2**

*Courtyard 1*

- Dan Jaspers, ISAF Training and Development Manager
- All delegates

**Delegates to join their allocated group for the Break-away sessions which are listed on the next page:**

	Group 1 – Table Mountain Group	Group 2 – Protea Group
0920 - 1000	<p><b><u>Examples of National Development</u></b></p> <p>Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker</p> <p><i>Courtyard 1</i></p>	<p><b><u>Developing Disabled Sailing Programmes</u></b></p> <p>Breakaway session Introducing the work of IFDS and their Development Committee in developing Disabled Sailing Programmes at national / international level.</p> <p><i>Courtyard 2</i></p>
1000 - 1040	<p><b><u>Developing Disabled Sailing Programmes</u></b></p> <p>Breakaway session Introducing the work of IFDS and their Development Committee in developing Disabled Sailing Programmes at national / international level.</p> <p><i>Courtyard 2</i></p>	<p><b><u>Examples of National Development</u></b></p> <p>Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker</p> <p><i>Courtyard 1</i></p>

1040 – 1100      **Feedback from breakaway group Presenters and Delegates**

*Courtyard 1*

1100 - 130      **Tea and coffee**

	Group 1 – Table Mountain Group	Group 2 – Protea Group
1130 - 1215	<p><b><u>IKA / ISAF 'Learn to Kite' programme</u></b></p> <p>Presentation on the ISAF / IKA Kite Coaching Framework and its use at National / International level to help ISAF MNAs and IKA national associations develop a framework for 'best practice' in the delivery of a learn to Kite programme.</p> <p><i>Courtyard 1</i></p>	<p><b><u>Examples of National Development</u></b></p> <p>Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker</p> <p><i>Courtyard 2</i></p>
115 - 1300	<p><b><u>Examples of National Development</u></b></p> <p>Breakaway session for delegates to discuss examples of MNA development that could support their work. Includes presentation from invited speaker</p> <p><i>Courtyard 2</i></p>	<p><b><u>IKA / ISAF 'Learn to Kite' programme</u></b></p> <p>Presentation on the ISAF / IKA Kite Coaching Framework and its use at National / International level to help ISAF MNAs and IKA national associations develop a framework for 'best practice' in the delivery of a learn to Kite programme.</p> <p><i>Courtyard 1</i></p>

1300 - 1315      **Feedback from breakaway group Presenters and Delegates**

*Courtyard 1*

1315 - 1415      **Lunch**

**Delegates to join their allocated group for the Break-away sessions which are listed below:**

	<b>Group 1</b>	<b>Group 2</b>
1430 - 1500	<p><b><u>ISAF High Performance Training Centres</u></b></p> <p>How could ISAF MNAs benefit from an international network of training centres delivering high level training for Sailors / Athletes in the build-up to the Rio 2016 and Tokyo 2020 Olympic Games?</p> <p><i>Courtyard 1</i></p>	<p><b><u>ISAF Youth Worlds Athlete Participation / Emerging Nations Programme.</u></b></p> <p>Overview of the ISAF Youth Sailing World Championship APP funding, the work of the World Youth Sailing Trust (WYST) and thoughts on a new Emerging Nations Programme concept.</p> <p><i>Courtyard 2</i></p>
	<b>Group 1</b>	<b>Group 2</b>
1500 - 1530	<p><b><u>ISAF Youth Worlds Athlete Participation / Emerging Nations Programme.</u></b></p> <p>Overview of the ISAF Youth Sailing World Championship APP funding, the work of the World Youth Sailing Trust (WYST) and thoughts on a new Emerging Nations Programme concept.</p> <p><i>Courtyard 2</i></p>	<p><b><u>ISAF High Performance Training Centres</u></b></p> <p>How could ISAF MNAs benefit from an international network of training centres delivering high level training for Sailors / Athletes in the build-up to the Rio 2016 and Tokyo 2020 Olympic Games?</p> <p><i>Courtyard 1</i></p>

1530 - 1545      **Feedback from breakaway group Presenters and Delegates**

*Courtyard 1*

1545 - 1600      **Tea and Coffee**

1600 - 1645      **Development of sport at Local and National Level.**

*Courtyard 1*

- Representatives of the South African Sports Confederation and Olympic Committee (SASCOC) / Ministry of South African Sports and Recreation.

1645 - 1700      **Review of day 1**  
**Forum for delegate feedback and discussion**

## **Sunday 16 March 2014**

0900 - 0930	<b>Delegates arrive</b> <b>(ALL Delegates to wear blue ISAF polo shirts for group photograph)</b> <b>Tea / Coffee</b>
0930 - 0945	<b>ALL delegates to assemble for group photograph</b>
0945 - 1015	<b>ISAF Training Scholarship</b>  <i>Courtyard 1</i> <ul style="list-style-type: none"><li>- Presentation on the way that this important course has developed using testimonials from past candidates. Outline of the proposed 2014 course schedule.</li></ul>
1015 - 1045	<b>ISAF 'Recognized Training' audit process and benefits of accreditation</b> <ul style="list-style-type: none"><li>- Overview of the revised audit process for ISAF Recognized Training accreditation.</li></ul>
1045- 1100	<b>Any other business</b> <ul style="list-style-type: none"><li>- Includes comments from MNAs not present at the 2014 Development Symposium regarding future developments</li></ul>
1100- 1115	<b>Introduction to 2015 Development Symposium hosts and venue</b> <ul style="list-style-type: none"><li>- Cristen Schifino from U.S Sailing to invite ISAF delegations to join the U.S Sailing National Sailing Programmes Symposium in New Orleans in 2015.</li></ul>
1115 - 1130	<b>2014 Development Symposium – Collection of delegate feedback</b> <ul style="list-style-type: none"><li>- Delegates to work together with ISAF Experts to complete a short event feedback - questionnaire.</li></ul>
1130- 1215	<b>Closing remarks</b> <ul style="list-style-type: none"><li>- Olivier Bovyn, ISAF Development and Youth Committee Chairman</li><li>- Rob M'Crystal, ISAF Development and Youth Committee Vice-Chairman</li><li>- Nazli Imre, ISAF Vice-president</li></ul>
1215 Onwards	<b>Optional social programme (see social programme document)</b>